

Update on the **Novel Coronavirus in Peel**

March 4, 2020

RE: Self-Isolation Update

Dear Parents and Caregivers,

The situation around coronavirus (COVID-19) is changing every day. In order to keep you updated with the most accurate information, we are sharing the below clarification on when to self-isolate and when to monitor yourself or your family for symptoms that may be signs of COVID-19.

Travel to one of the following impacted areas – Mainland China, South Korea, Hong Kong, Italy, Singapore and Japan

Upon return from a COVID-19 impacted area (currently Mainland China, South Korea, Hong Kong, Italy, Singapore and Japan) all travellers are advised to:

- monitor their health for flu-like symptoms (fever, cough, and difficulty breathing) for 14 days upon return
- if flu-like symptoms develop, [contact Peel Public Health](#) immediately and refer to [Peel Public Health's guide on how and where to get medical help](#)
- You do not need to contact Peel Public Health if you are well.

Travel to Hubei Province in China or Iran

If you or your family have returned from Hubei province in China or Iran in the last 14 days:

- stay at home and avoid close contact with others, including those in your home, for 14 days after leaving the impacted area AND
- [contact Peel Public Health](#) for further instructions and important information
- if you notice flu-like symptoms (fever, cough and difficulty breathing), [contact Peel Public Health](#) immediately and refer to [Peel Public Health's guide on how and where to get medical help](#).

Peel Public Health continues to carefully monitor the COVID-19 situation and is committed to continuing to share the most recent information around COVID-19.

Parents and caregivers should continue to follow trusted online sources including [Peel Public Health's](#) webpage.

If you have any concerns or questions about COVID-19, please call Peel Public Health at 905-799-7700 or for residents of Caledon, 905-584-2216.

Thank you,
Peel Public Health